

10 SIGN S OF DOMESTIC ABUSE

Some signs of domestic violence and abuse are more obvious than others; these are few of the most common...

Does your partner ever...

- 1 Accuse you of cheating and being disloyal?
- 2 Make you feel worthless?
- 3 Hurt you by hitting, choking or kicking you?
- 4 Intimidate and threaten to hurt you or someone you love?
- 5 Threaten to hurt themselves if they don't get what they want?
- 6 Try to control what you do and who you see?
- 7 Isolate you?
- 8 Pressure or force you into unwanted sex?
- 9 Control your access to money?
- 10 Stalk you, including calling you constantly or following you?



If you suspect that you or someone you know is in an abusive relationship, you are not alone. There is help in *your* community. Contact Us

IF YOU SUSPECT that someone you know is experiencing domestic violence or relationship abuse...Contact us

Contact Imaan:

E: welfare@imaan.org.uk

W: www.imaan.org.uk

Tel: 020 3393 5188

Imaan supports LGBT Muslim people, their families and friends, to address issues of sexual orientation within Islam. We have social-care professionals who are able to support you.

Whether we are responding to child abuse, domestic violence, or other violent crimes, we help victims and their families heal and rebuild their lives.

We also work closely with other experts and agencies and can try to advise people on how to access the help and resources they need.